The purpose of this assessment is to determine your current core skills levels, (learning, reading, writing, speaking, listening and numeracy) and, identify any areas where further support may be beneficial to help you successfully complete the training and assessment for the course below.

You will be required to complete a series of short activities that demonstrate the core skills that are necessary for successful performance in this unit of competency.

These activities do not form part of the assessment process and shall not be countered towards your performance in this unit of competency.

The outcome of these activities shall be used to identify any possible skill gaps and develop a support plan (where necessary) to help you obtain the skills required to demonstrate the required competencies and perform successfully.

	Code	TLIF0005
Unit of competency	Title	Apply a fatigue risk management system
,	Assessor	
	Student name	
	Date of birth	
Assessment Completed by	Student ID	
	Student email	
	Date	

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Assessment Activity 1

As a driver, you have been given a trip plan that contains the following information:

Trip Plan Summary	/													
Start work:		7:00am	Bris	Brisbane										
		Minimum Rest Sur												
Work and Rest det	ails:	1st rest break	2:0	0pm	10 m	ins			Drive from Brisbane to Sydne					
		2nd rest break	0pm	20 m	ins		BIR							
Finish		6:00pm	Syd	Sydney										
In any period of:	000000	driver must not wor re than a maximur	10 M IT 00	And must have the rest of that period off work, with at least a minimum rest break of:										
5 1/2 hours		5 1/4 hours		15 continuous minutes rest time										
8 hours		7 1/2 hours		30 minutes rest time in blocks of 15 continuous minutes										
11 hours		10 hours		60 minutes rest time in blocks of 15 continuous minutes										
		If you start we	ork at:	6:00	6:15	6:30	6:45	7:00	7:15	7:30				
Must take at	least	a 15-minute break b	efore	11:30	11:45	12:00	12:15	12:30	12:45	1:00				
Must take at least a	anothe	er 15-minute break b	2:00	2:15	2:30	2:45	3:00	3:15	3:30					

5:15

5:30

6:00

5:45

6:15

6:30

Using the information in the summary and the work and rest hours guide, please explain

5:00

a) What is wrong with this plan, and

Must take at least a 30-minute break before:

b) <u>What actions you could take</u> to prevent a non-compliance

Assessment Activity 2

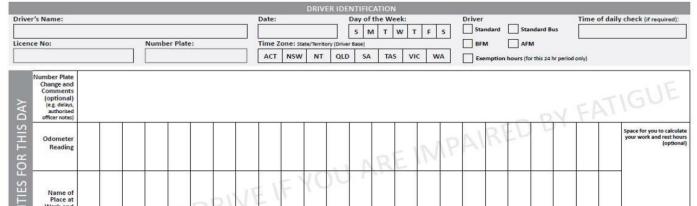
Please complete a driver work diary entry (using the template below) for a 11-hour journey starting at 8am.

In any period of:	A driver must not work for more than a maximum of:	And must have the rest of that period off work, with at least a minimum rest break of:												
5 1/2 hours	5 1/4 hours	15 continuous minutes rest time												
8 hours	8 hours 7 ½ hours 30 minutes rest time in blocks of 15 continuous minu													
11 hours	10 hours	60 minutes rest time in blocks of 15 continuous minutes												
	If you start work at:	6:00	6:15	6:30	6:45	7:00	7:15	7:30						
Must take at	least a 15-minute break before:	11:30	11:45	12:00	12:15	12:30	12:45	1:00						
Must take at least a	another 15-minute break before:	2:00	2:15	2:30	2:45	3:00	3:15	3:30						
Must take at	least a 30-minute break before:	5:00	5:15	5:30	5:45	6:00	6:15	6:30						



NATIONAL DRIVER WORK DIARY DAILY SHEET

WORK DIARY NO.



F ACTIV	Rest Change (e.g. rest area, truck stop, suburb or town))C	1	1C	7	V	100																			
0	Two-up		111	du	1111	111	1.LL	i i i	111	ili.		du	uh		ulu	uli	di.	ulu	uli		di	111	1 LT	14			
ILS	midr	ight	1	2	3	4	5	6	7	8	9 1	0 1	L1 •	oon	1	2	3 4	1 3	5 (5 7	7	8	9 1	0 1	1 mid	night	All drivers: calculate totals
DETA	My Work									i 																	Total Work:
	My Rest																										Total Rest:
	midr	night	1	2	3	4	5	6	7	8	9 1	.0 :	11 n	oon	1	2 3	3 4	1 .	5 (5 5	7	8	9 1	0 1	1 mid	night	

Driver Signature:

To the best of my knowledge and belief the information I have recorded on this daily sheet is true and correct

YOU MUST SIGN THIS SHEET BEFORE STARTING A NEW DAILY SHEET

		wo	UPI		R'S	IDEN	TIFIC	CATIO					
Two-up Driver's Name:	Two	o-up (Driver	s Lice	ence f	No:						Exemption hours	
Two-up Driver's Work Diary & Page No:	Two-	up Dri	iver's	Licen	e iss	ued:			Two-u	p Driver	's Signatu	re:	
	ACT	NSW	NT	QLD	SA	TAS	VIC	WA					

Assessment Activity 3

You are a driver for a delivery company and your first task this morning is to review the safe driving plans you have put together for this week's trips.

After checking your usual external sources for potential risk factors, you realise that severe adverse weather might add 4 hours onto the trip that you have planned for tomorrow.

Using the scenario above, write a short email to your supervisor to:

- Report a hazard that you have identified in this scenario AND
- Suggest a control strategy to minimise the risk

END OF ASSESSMENT