The purpose of this assessment is to determine your current core skills levels, (learning, reading, writing, speaking, listening and numeracy) and, identify any areas where further support may be beneficial to help you successfully complete the training and assessment for the course below.

You will be required to complete a series of short activities that demonstrate the core skills that are necessary for successful performance in this unit of competency.

These activities do not form part of the assessment process and shall not be counted towards your performance in this unit of competency.

The outcome of these activities shall be used to identify any possible skill gaps and develop a support plan (where necessary) to help you obtain the skills required to demonstrate the required competencies and perform successfully.

| Unit of competency | Code | TLIF4064 | | |
|-------------------------|---------------|---|--|--|
| | Title | Manage fatigue management policy and procedures | | |
| , | Assessor | | | |
| | Student name | | | |
| | Date of birth | | | |
| Assessment Completed by | Student II) | | | |
| Complete ay | Student email | | | |
| | Date | | | |

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Assessment Activity 1

Nate is a transport manager and has been allocated a \$10,000 budget for the year for Fatigue management training for his 4x supervisors and 10x drivers.

Nate thinks that training the drivers is the really important following a risk assessment he conducted, but they currently don't have enough budget left over after supervisor training to put all 5 drivers through the course with their current provider.

Using the information below, outline your proposed strategy to reduce the overall cost of training to ensure both supervisors and drivers can all receive the training they need.

Training information:

- Supervisor training needs to last at least 4 hours to cover all of the necessary information
- Driver training needs to last at least 6 hours to cover all of the necessary information
- Supervisors need to be trained every 12 months to stay up-to-date
- Drivers need to be trained every 6 months to stay up-to-date

Current Training provider and course details

| Driver or Supervisor | Training Provider | Cost Per Course | Course Duration | How Often Does the Course Run? |
|-------------------------|----------------------|--------------------|--------------------|--------------------------------------|
| Supervisor | FMC Training | \$1,000.00 | 10 hours | every 12 months |
| Driver | FMC Training | \$675.00 | 7 hours | every 6 months |

Other possible training provider and course details

| Driver or Supervisor | Training Provider | Cost Per Course | Course Duration | How Often Does the Course Run? |
|-------------------------|----------------------|--------------------|--------------------|--------------------------------------|
| Supervisor | Big Training | \$999.00 | 10 hours | every 2 years |
| Supervisor | Fatigue Experts | \$575.00 | 2 hours | every 12 months |
| Supervisor | Join-in Training | \$450.00 | 2 hours | every 2 years |
| Supervisor | Awake Training | \$745.00 | 5 hours | every 12 months |
| Driver | Big Training | \$699.00 | 7 hours | every 6 months |
| Driver | Fatigue Experts | \$575.00 | 12 hours | every 12 months |
| Driver | Join-in Training | \$695.00 | 6 hours | every 12 months |
| Driver | Awake Training | \$729.99 | 7 hours | every 6 months |

Please turn over for the answer page

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| LLN and Core Skills Assessment | TLIF4064 Manage fatigue management policy and procedures |
|--------------------------------|--|
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Assessment Activity 2

As a manager, you need to develop a policy that outlines what training is required for heavy vehicle drivers to ensure their competency and understanding of their obligations and responsibilities.

Please complete the following tasks in the space provided below:

- Outline the source(s) of information that you would consult to help you develop a relevant and meaningful training policy
- Briefly outline the process that you would like your training staff to follow to develop training

| | gy(s) | |
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Assessment Activity 3

| Employee canteen breakfast menu | | |
|---|------|--|
| Fried breakfast: | | |
| Fried bacon, 2 fried eggs, fried mushrooms, 2 white toast with butter | \$5 | |
| Breakfast burger: | | |
| Fried bacon, fried egg, fried mushrooms on white roll with butter | \$4 | |
| Chocolate bar and energy drink | \$4 | |
| Fruit Salad | \$10 | |

| Employee feedback regarding breakfast canteen menu |
|--|
| Driver A: |
| I'm always so tired after breakfast right before I have to drive a long journey |
| Driver B: |
| One healthy food option isn't enough |
| Driver C: |
| I buy the unhealthy food because it's cheaper |
| Driver D: |
| I like the food in the canteen but I'm |

putting on lots of weight since having

breakfast at work.

Using the resources provided above, please complete the following task:

- 1. Identify an issue that could be contributing towards fatigue risk(s)
- 2. Suggest a potential control measure that would improve the issue, AND
- 3. Draft a short email to your team to communicate the proposed control strategy and request feedback on it.

END OF ASSESSMENT

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