

The purpose of this assessment is to determine your current core skills levels, (learning, reading, writing, speaking, listening and numeracy) and, identify any areas where further support may be beneficial to help you successfully complete the training and assessment for the course below.

You will be required to complete a series of short activities that demonstrate the core skills that are necessary for successful performance in this unit of competency.

These activities do not form part of the assessment process and shall not be countered towards your performance in this unit of competency.

The outcome of these activities shall be used to identify any possible skill gaps and develop a support plan (where necessary) to help you obtain the skills required to demonstrate the required competencies and perform successfully.

<b>Unit of competency</b>	<b>Code</b>	TLIF0005
	<b>Title</b>	Apply a fatigue risk management system
	<b>Assessor</b>	
<b>Assessment Completed by</b>	<b>Student name</b>	
	<b>Date of birth</b>	
	<b>Student ID</b>	
	<b>Student email</b>	
	<b>Date</b>	

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**Assessment Activity 1**

As a driver, you have been given a trip plan that contains the following information:

Trip Plan Summary			
<b>Start work:</b>	7:00am		Brisbane
<b>Work and Rest details:</b>	Minimum Rest Summary		
	1st rest break	2:00pm	10 mins
	2nd rest break	3:30pm	20 mins
<b>Finish</b>	6:00pm		Sydney

In any period of:	A driver must not work for more than a maximum of:	And must have the rest of that period off work, with at least a minimum rest break of:
5 ½ hours	5 ¼ hours	15 continuous minutes rest time
8 hours	7 ½ hours	30 minutes rest time in blocks of 15 continuous minutes
11 hours	10 hours	60 minutes rest time in blocks of 15 continuous minutes

If you start work at:	6:00	6:15	6:30	6:45	7:00	7:15	7:30
Must take at least a 15-minute break before:	11:30	11:45	12:00	12:15	12:30	12:45	1:00
Must take at least another 15-minute break before:	2:00	2:15	2:30	2:45	3:00	3:15	3:30
Must take at least a 30-minute break before:	5:00	5:15	5:30	5:45	6:00	6:15	6:30

Using the information in the summary and the work and rest hours guide, please explain

- a) What is wrong with this plan, and
- b) What actions you could take to prevent a non-compliance

**Assessment Activity 2**

Please complete a driver work diary entry (using the template below) for a 11-hour journey starting at 8am.

In any period of:	A driver must not work for more than a maximum of:	And must have the rest of that period off work, with at least a minimum rest break of:
5 ½ hours	5 ¼ hours	15 continuous minutes rest time
8 hours	7 ½ hours	30 minutes rest time in blocks of 15 continuous minutes
11 hours	10 hours	60 minutes rest time in blocks of 15 continuous minutes

If you start work at:	6:00	6:15	6:30	6:45	7:00	7:15	7:30
Must take at least a 15-minute break before:	11:30	11:45	12:00	12:15	12:30	12:45	1:00
Must take at least another 15-minute break before:	2:00	2:15	2:30	2:45	3:00	3:15	3:30
Must take at least a 30-minute break before:	5:00	5:15	5:30	5:45	6:00	6:15	6:30

DUPLICATE

**NATIONAL DRIVER WORK DIARY DAILY SHEET**

WORK DIARY NO. \_\_\_\_\_

**DRIVER IDENTIFICATION**

Driver's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Day of the Week:  S  M  T  W  T  F  S

Licence No: \_\_\_\_\_ Number Plate: \_\_\_\_\_ Time Zone: State/Territory (Driver Base)  ACT  NSW  NT  QLD  SA  TAS  VIC  WA

Driver:  Standard  Standard Bus  BFM  AFM  Exemption hours (for this 24 hr period only)

Time of daily check (if required): \_\_\_\_\_

DETAILS OF ACTIVITIES FOR THIS DAY	Number Plate Change and Comments (optional) (e.g. delays, authorised officer notes)																									Space for you to calculate your work and rest hours (optional)	
	Odometer Reading																										
Name of Place at Work and Rest Change (e.g. rest area, truck stop, suburb or town)																											
Two-up																											
My Work																									All drivers: calculate totals		
My Rest																									Total Work:		
																										Total Rest:	
		midnight	1	2	3	4	5	6	7	8	9	10	11	noon	1	2	3	4	5	6	7	8	9	10	11	midnight	

**Driver Signature:**

To the best of my knowledge and belief the information I have recorded on this daily sheet is true and correct

\_\_\_\_\_

YOU MUST SIGN THIS SHEET BEFORE STARTING A NEW DAILY SHEET

**TWO-UP DRIVER'S IDENTIFICATION**

Two-up Driver's Name: \_\_\_\_\_ Two-up Driver's Licence No: \_\_\_\_\_ Two-up Driver:  Standard  BFM  AFM  Exemption hours

Two-up Driver's Work Diary & Page No: \_\_\_\_\_ Two-up Driver's Licence issued: \_\_\_\_\_ Two-up Driver's Signature: \_\_\_\_\_

ACT  NSW  NT  QLD  SA  TAS  VIC  WA

**Assessment Activity 3**

*You are a driver for a delivery company and your first task this morning is to review the safe driving plans you have put together for this week's trips.*

*After checking your usual external sources for potential risk factors, you realise that severe adverse weather might add 4 hours onto the trip that you have planned for tomorrow.*

Using the scenario above, write a short email to your supervisor to:

- Report a hazard that you have identified in this scenario AND
- Suggest a control strategy to minimise the risk

**END OF ASSESSMENT**